

I am the caregiver, the watcher, the
guide.
I walk down the hall with you by my
side.
A smile, a laugh, a hug or embrace
I watch the worry fall away from your
face.

I am the caregiver, the watcher, the
guide.
I walk down the hall with you by my
side.
I am your compass, your shining north star.
I try to remind you of just who you are.

I am the caregiver, the watcher, the
guide.
I walk down the hall with you by my
side.
Pictures and letters, music of old
keep your mind warm and away from
the cold.

I am the caregiver, the watcher, the
guide.
I walk down the hall with you by my
side.
The routine of night shows no wear or
tear.
The light of the morning so soon will
be here.

Lee McCurley

Branching Out

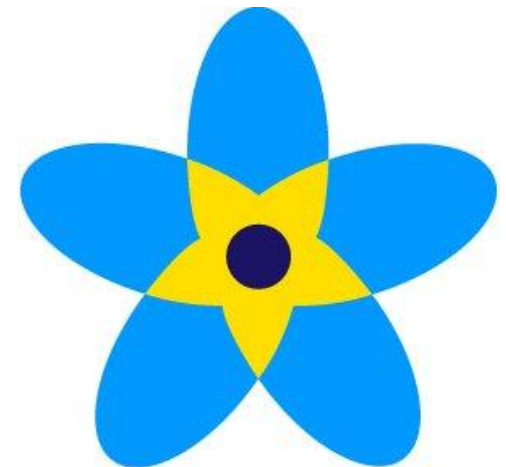


with Love



Alzheimer's and Dementia Carers Group

**They may forget.....but we never let
them be forgotten.**



Alzheimer's and Dementia Carers Group

This group is open to all Carers of anyone living with any form of Dementia, be it long term or more recently diagnosed.

As a group, we provide support and friendship, an opportunity to share experiences or just a chance to have a break from the stresses of caring.

Our main purpose is to create a relaxed, warm and supportive environment where Carers can meet, be re-energised, discuss their problems, make friends, and receive information or be sign-posted to reliable sources of help.

All confidences are shared in the knowledge that they will stay within the group.

The Village Agent, Kim Wilcox, attends and is willing to support people who require advice and information.

On previous occasions we have had speakers from The Alzheimer's Society and from the Burnham-on-Sea based group, "Singing for the Brain", as well as people with professional and personal experience of being a Carer.

We always offer tea, coffee, biscuits and cakes. There is no membership fee or registration involved.

We meet;

- **on the third Monday of the month**
- **at Brentcombe House, Church Road, East Brent, Highbridge, Somerset TA9 4HZ**
- **at 4.00pm - 5.30/6.00pm**

To find out more, please either come along to the next session or telephone the group coordinators.

Carla Searle - 01278 760041

